Effects of local pressure on cutaneous blood flow in pigs

Efeitos da pressão local no fluxo sanguíneo cutâneo de porcos

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A B S T R A C T

Objective: to evaluate the effects of increasing pressures on the cutaneous blood flow in the skin of pigs. **Methods:** we conducted an experimental study in pigs submitted to subcutaneous magnetic implants (n=30). After healing, were applied external magnets with varying magnetic forces to the skin, generating compression. We evaluated the cutaneous circulation of the skin under compression by the Laser Speckle Contrast Imaging (LSCI) technique. We measured the depth of the implants by ultrasonography, and applied computational simulations to the calculation of the different pressure values, considering the different distances between implants and external magnets. **Results:** nineteen implants presented complications. The remaining 11 were submitted to different magnetic compression forces and perfusion analysis. Two linear regression models showed an inverse correlation between exerted pressure and cutaneous perfusion, with significant variation, mainly in the initial pressure increases, of up to 20mmHg. **Conclusion:** The main reduction in cutaneous blood flow resulted from initial increases of up to 20 mmHg. The results suggest that tissue ischemia can occur even in low-pressure regimes, which could contribute to the appearance of skin lesions, particularly ulcers related to medical devices.

Keywords: Pressure Ulcer. Skin. Microcirculation. Regional Blood Flow. Models, Animal. Swine.

INTRODUCTION

Pressure ulcers are usually defined as localized lesions on the skin, and may or may not include the underlying tissue. They usually occur on a prominent bone or arise related to a medical device or others. The lesion is the result of intense and/or prolonged pressure, or of shear pressure. Certain factors such as advanced age, the presence of multiple comorbidities, among others, may increase the risk of developing pressure ulcers during hospitalization[1]. The prevalence of pressure ulcers (grades 1-4) in hospitalized patients in Europe is 18.1%[2], and 13.5% in the United States[3], and their incidence when related to medical devices is 34.5%[4]. Considering that the prevalence in developing countries is equal that or greater, the overall economic impact is enormous.

Pressure relief is the most important aspect in the prevention of pressure ulcers, either by mobilization of the patient or by the use of specific mattresses that increase the contact area, reducing the interface pressure[5]. The effects of increasing pressures exerted on the surface of the skin in the microcirculatory blood flow have been studied before, but without a more detailed quantitative analysis[6]. Understanding these effects may help in the prevention of pressure ulcers by establishing more adequate parameters for the safety of support surfaces and medical devices that come in contact with the skin.

The aim of our study is to evaluate the effects of increasing pressures on the microcirculatory blood flow of the skin of pigs.

METHODS

We used a system consisting of a subcutaneous magnetic implant and external magnets of different intensities to generate an *in vivo* increasing compression of the skin. We introduced thirty magne-

tic implants (n=30) into two male pigs (*Sus domesticus*) weighing 17.2kg (pig #1) and 19kg (pig #2), with prior approval of the institution's ethics committee for animal testing. After complete healing of the wound, we applied external magnets of four different intensities to the skin, generating compression. We evaluated the cutaneous circulation of compressed skin with the Laser Speckle contrast Imaging (LSCI) technique, with the PeriCam PSI device.

Each magnetic implant consisted of a silicone capsule containing two N40 grade neodymium magnets ($Nd_2Fe_{14}B$). The capsule was made of silicone elastomer (medical grade) with shore 30A hardness, manufactured in an ellipsoid shape (50mm long and 22mm wide), with a flattened profile (4mm height), without edges or tips, to avoid tissue trauma. The two internal neodymium magnets were identical, disk-shaped, 6mm in diameter and 1.5mm thick, with field-strength intensities of 48 mT and axially magnetized, with nominal magnetic remanence of 1.25 T (Figure 1A).

We sedated the animals with intramuscular injection (acepromazine acetate 0.2mg/kg) and transported them to the surgical center. After venous catheterization, we administered additional anesthetics (propofol and thiopental sodium) in dose-effect mode and performed tracheal intubation. Each pig was kept under general anesthesia during the introduction of the implants. The dorsal skin was trichotomized and prepared with antiseptic solution (chlorhexidine 2%). We marked the cutaneous incision sites with a dermographic pen. We made all 2cm incisions over the dorsal skin, and introduced a straight cannula through each incision (Figure 1B). The cannula promoted blunt dissection and detachment of the sub-dermal plane, making a narrow tunnel parallel to the skin surface. We introduced each implant through the cutaneous incision (Figure 1C) and placed it in its final position under the dermis, and sutured the incisions. We used topical antibiotic spray on the sutured wounds. At the end of the procedure, each pig received a total of 15 implants under the dorsal skin, totaling 30 implants (Figure 1D). After the post-anesthetic recovery, the animals were released to feed and move freely during the wounds' healing period.

Figure 1. A- Implant; B- Dissection; C- Insertion; D- final aspect.

Forty days after the procedure, were sedated the pigs again, transported them to the surgical center and anesthetized them. We kept the ambient temperature constant to avoid changes in the cutaneous circulation. We evaluated the perfusion on the pigs' dorsal skin over the implants using the LSCI technique. Skin sites that had apparent clinical changes (such as erythema, continuity solutions or fluctuation) were excluded from the analysis. The LSCI technique uses the "mottling" phenomenon to obtain a perfusion map of the tissues, capturing the changes in the "mottled" pattern, which correspond to the reflexes of erythrocytes in movement, with a camera located inside the projector of the Pericam PSI device when illuminated by the Laser beam (Figure 2). We analyzed these changes mathematically and generated a tissue perfusion map.

Figure 2. Evaluation of the cutaneous circulation by the LSCI technique.

After this initial evaluation, we placed magnets of different forces on the dorsal skin on the same sites, above the implants. These external magnets consisted of a synthesized N48 grade rectangular magnetic neodymium block (25mm x 12mm x 3mm) with a 4mm center hole to allow penetration of the laser beam into the skin (Figure 3A). On this rectangular magnet, we added up to three pairs of cylindrical magnets (9mm X 3mm) of grade N42 neodymium. For each added pair, the total magnetization of the system increased, thereby increasing the magnetic attraction force between the implant under the skin and the external magnetic block, thus increasing the mechanical pressure on the skin surface (Figures 3B, 3C and 3D).
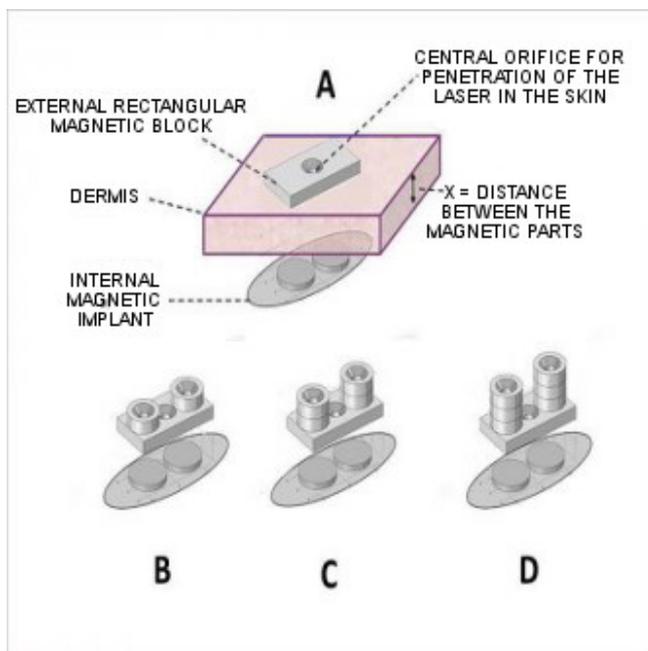

Figure 3. *A- External block + implant; B, C, D- Magnets added.*

After the procedure, we removed the outer magnets and subjected the dorsal skin to ultrasonographic examination. Again, any implant sites containing subclinical collections not previously identified, such as seromas or abscesses, were excluded from the study. The depth of the implants relative to the skin surface was measured at 0.1mm intervals using a linear high frequency (12Mhz) transducer. This precise measurement of the implants' depth allowed to establish the exact distance (shown as the distance "x" in Figure 3A) between the magnetic components and, therefore, to determine

the pulling force exerted by the system. Thus, given the surface area (already known) of the outer magnetic block and defining the intensity of the magnetic force exerted by the system, it was possible to calculate the exact pressure the skin surface was submitted to. To calculate the pressure values exerted by the outer block on the skin surface, we performed computational simulations using the COMSOL Multiphysics® simulations software under license n. 2072699.

We tabulated the data obtained from the PeriCam cutaneous perfusion readings and compared them with the estimated blood pressure levels. We performed statistical analysis with the R software (The R Foundation for Statistical Computing, Vienna, Austria). After applying the Shapiro-Wilk test to the variables, we computed the Pearson correlation coefficient. We calculated the linear regression models and the applied F test ($p < 0.05$) for statistical significance.

RESULTS

Seventeen implants (57%) presented complications: implant extrusion (12), partial wound dehiscence (1) and infection abscess (4). We detected two collections of peri-implant fluids during ultrasonographic examination. We performed PeriCam cutaneous perfusion readings of the dorsal skin on the remaining eleven implant sites in both pigs (five on pig #1 and six on pig #2). Ultrasonographic examination results showed that the depth of the implants relative to the skin surface (the distance "x" in Figure 3A) ranged from 0.83 mm to 1.73mm (1.31mm ± 0.28mm). The estimated pressure levels exerted by the rectangular magnetic block on the skin ranged from 5.36mmHg to 37.47mmHg (19.5mmHg ± 7.52mmHg). A scatter plot of cutaneous perfusion readings by the PeriCam apparatus and exerted pressures is shown in figure 4A. We applied two different linear regression models to the dispersion diagram, as shown in figure 4B. The Pearson coefficient of -0.4299 showed an inverse correlation, with statistical significance. The F test applied in Models 1 and 2 showed statistical significance (p=0.0036 and p=0.0004). The properties of the two linear regression models are summarized in table 1. As seen below, Model 2 (a second order polynomial) showed a higher fit (higher R2) when compared with Model 1 (linear).
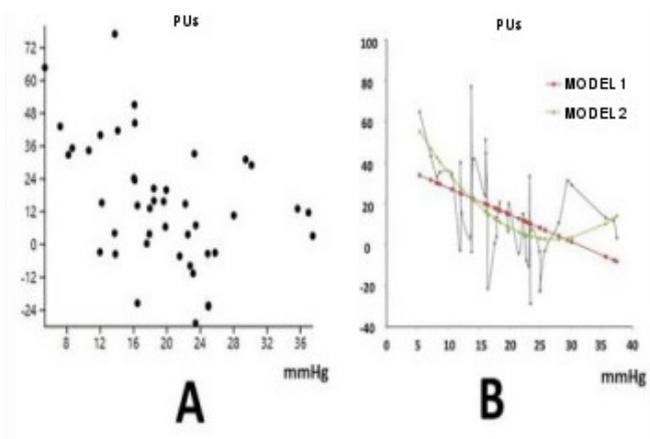
Figura 4. *A) Gráfico de dispersão; B) Regressões lineares.*

Table 1. *Properties of the linear regression models applied to the scatter plot.*

Variables	Estimated value	F test (p-value)	T test (p-value)	R^2
1 model				
Intercept (α)	40.8021	0.0036	0.0000	0.1654
Pressure ($\beta 1$)	-1.3084		0.0036	
2 model				
Intercept (α)	84.3855	0.0004	0.0000	0.2830
Pressure ($\beta 1$)	-6.0037		0.0012	
[Pressure]^2 ($\beta 2$)	0.1102		0.0076	

DISCUSSION

Recent studies have questioned the safety of the standard limit of 32mmHg pressure used as a parameter for interface pressure on support surfaces[7]. In hospitalized patients, a source of pressure on the skin surface may be the medical devices themselves employed to patient monitoring or treatment[4]. Ulcers related to medical devices can be caused by nasal cannulas, endotracheal tube attachments, pulse oximetry sensors, anti-embolism stockings, orthopedic splints etc. Whereas all of these devices are specially designed not to damage skin integrity, the high prevalence of ulcers related to medical devices suggests that current safety parameters should be questioned.

Over time, different animal models have been proposed in the literature to study the local circulatory effects of mechanical pressure exerted on the skin. Due to practical limitations, most studies are performed on rats. Although mouse skin circulation is provided by direct cutaneous arteries of the panniculus carnosus, which is absent in humans, several publications of different authors have employed and validated animal models of rats[8]. However, considering the anatomical and histological similarities with the human skin, the pig is considered the best animal model for cutaneous healing[9].

Pioneering studies on pressure ulcers developed by Groth[10], Kosiak[11] and Dinsdale[12], using rabbits, dogs and pigs, respectively, evaluated the effects of applying pressure to the skin of live animals, basi-

cally by macroscopically inspecting the skin changes and subsequent histopathological analysis. This type of study was also employed by Daniel[13], who in turn demonstrated the greater vulnerability of deep tissues to pressure ischemia, while the dermis could withstand longer ischemic intervals without necrosis. These studies, if taken as a whole, have not yet contemplated real-time dynamic changes in the dermal circulation due to increased pressure on the skin. Of course, the collection of information in live animals adds technical difficulties and ethical implications that do not occur in postmortem specimens[14,15]. Branemark[16], however, drew attention to this issue by using a vital microscopy camera study, demonstrating the influence of higher pressures on the skin and the ischemic changes in the microcirculation.

In the last two decades, in vivo cutaneous microcirculation research has been based more on non-invasive methods, such as optical microscopy and laser-Doppler techniques. Techniques derived from optical microscopy basically depend on transillumination, which tends to restrict anatomical areas that can be studied (such as video-capillaroscopy of the nail bed in humans), or may require vital microscopy camera techniques[17]. The limitation of such techniques is that they basically provide morphological information about the microcirculation. Laser-Doppler techniques, on the other hand, provide quantitative information related to the skin blood flow. This latter method was validated by Salcido *et al.*[18] in the research on the development of pressure ulcers, but there are many technical issues

that must be taken into account to guarantee the fidelity and reproducibility of Laser-Doppler techniques[19].

The LSCI technique has been used more recently and provides real-time, non-invasive skin circulation monitoring. It has been shown that the flow measurements between Laser Doppler and LSCI display a linear relationship[20], but one of the main advantages of LSCI is its high reproducibility[21]. In addition, the LSCI measurement depth is more superficial than the Laser Doppler techniques[22]. In our study, the central orifice in the rectangular external magnetic block allowed the laser beam to penetrate the Region of Interest (ROI) while the pressure on the skin was gradually increased with the additional magnets. The LSCI technique allowed non-contact, non-invasive monitoring of skin blood flow. The magnetic system avoided the influence of external factors that could affect perfusion readings by the LSCI technique, such as variations in the animal position, variations in lighting conditions or changes in the ROI. The magnetic system also ensured that the ROI remained within the tissue under compression. In addition, the long interval between the introduction of the implants and the evaluation of the dermal circulation allowed the complete healing of the surgical wounds, thus avoiding the influence of inflammatory changes and the phenomenon of autonomization on the evaluated skin segments.

Few studies have also used magnetic force to induce mechanical compression in animal models. Peirce[23] developed an animal model of ischemia-reperfusion injury by implanting a steel plate under the dorsal skin of rats. An external magnet was applied to the skin 24 hours after the implantation procedure, generating compression and local ischemia. Peirce's experimental model advocates the initiation of compression cycles 24 hours after the surgical procedure. This model does not take into account the inflammatory changes inherent in the surgical procedure, nor the local circulatory changes in the skin flap due to subcutaneous tissue dissection. Despite these conceptual limitations, the Peirce study demonstrated that ischemia-reperfusion cycles were more damaging to the skin when compared with ischemia alone. These results were also demonstrated using non-magnetic compression models[17].

Nguyen-Tu[24] used Peirce's animal model to study the microvascular response of skin to pressure in obese rats. The results of that study suggest that obesity could play a protective role by reducing skin lesions induced by compression through changes in skin structure. A clear limitation of the study, which the authors recognize, is related to the possible changes in the pressures applied to the skin due to the different skin thicknesses between groups. It is known that the magnetic attraction force is inversely proportional to the distance applied. In fact, because of the non-linearity of the magnetic force, small variations in the implant's depth under the skin can cause large variations in the pressure exerted on the surface of the skin. Although it should be noted that in the Nguyen-Tu study the same magnets were used in both groups of rats (obese and non-obese), different skin thicknesses may have generated different pressures in each group. In our study, such thickness variations were not neglected, and computational simulations (using COMSOL Multiphysics® modeling software and ultrasound measurements) allowed the calculation of different pressure values, taking into account the different distances due to the different skin thicknesses.

Perfusion Units (PUs) are arbitrary units used by the LSCI technique and should be interpreted as real-time flow measurements, without absolute values. They serve to be compared to each other in real-time dynamic analysis. The results in our study suggest that dermal blood flow is extremely sensitive to the pressure exerted on the surface of the skin. Basically, the Model 2 curve shows a drop in blood flow to about half at pressures up to 10mmHg. Between 10 and 20 mmHg, the flow falls to one-fourth of normal physiological levels and continues to drop at 25mmHg. These results are in accordance with what would be expected within the knowledge of the mean value of cutaneous capillary pressure since the pioneering study of Landis[25] and also of more recent publications[26]. However, readings of the LSCI technique also demonstrated blood flow measurements under higher pressure regimes. In fact, Shibata et al.[6], using capillaroscopy based on a video probe, observed that a vertical tension level similar to blood pressure was necessary to interrupt the capillary flow. However, as we have previously emphasized, techniques derived from optical microscopy do

not allow the quantification of changes in the flow due to increases in pressure. Based on the results of our study, it is likely that under pressures greater than 25-30mmHg, blood continues to circulate, but well below physiological levels in terms of flow.

These results corroborate the questioning about the safety of the standard pressure limit of 32mmHg used in the supportive surface definitions[26]. In addition, they may help explain the onset of certain ulcers, particularly pressure ulcers related to medical devices. In clinical practice, mechanical pressure exerted on the skin surface generates locally increased interstitial pressures that may exceed capillary pressure. According to the anatomical topography of the compressed region, these pressures are transmitted heterogeneously, resulting in partial blockage or complete collapse of the capillaries, generating tissue ischemia. When certain pathological conditions outweigh compensatory mechanisms (self-regulation of capillary circulation), pressure ulcers can arise even in the context of slight pressures exerted on the skin.

Our results suggest that the main reduction in cutaneous blood flow originates from the initial increases of pressure up to 20mmHg, reinforcing the importance of surveillance and early relief of the pressure exerted in the prevention of pressure ulcers. Even under mild pressure conditions, health professionals should be aware of pressure ulcers related to medical devices, in particular due to the specificities of the contact interface and to the frequent presence of comorbidities.

R E S U M O

Objetivo: avaliar os efeitos de pressões crescentes exercidas sobre a pele de porcos no fluxo sanguíneo cutâneo. **Métodos:** estudo experimental em porcos submetidos a implantes magnéticos subcutâneos (n=30). Após a cicatrização, foram aplicados sobre a pele, ímãs externos com forças magnéticas variadas, gerando compressão. A circulação cutânea da pele submetida à compressão foi avaliada pela técnica *Laser Speckle Contrast Imaging* (LSCI). A profundidade dos implantes foi medida por ultrassonografia, e simulações computacionais foram aplicadas para o cálculo dos diferentes valores de pressão, considerando-se as variadas distâncias entre implantes e ímãs externos. **Resultados:** dezenove implantes apresentaram complicações. Os 11 restantes foram submetidos à diferentes compressões magnéticas e análise de perfusão. Dois modelos de regressão linear mostraram uma correlação inversa entre pressão exercida e perfusão cutânea com variação significativa principalmente nos acréscimos iniciais de pressão até 20mmHg. **Conclusão:** a principal redução do fluxo sanguíneo cutâneo resulta dos acréscimos iniciais de pressão de até 20mmHg. Os resultados sugerem que a isquemia tecidual pode ocorrer mesmo em regimes de baixa pressão, o que poderia contribuir para surgimento de lesões de pele, particularmente as úlceras relacionadas a dispositivos médicos.

Descritores: Lesão por Pressão. Pele. Microcirculação. Fluxo Sanguíneo Regional. Modelos Animais. Suínos.

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